

Citi Dash 2025												
Overall Provisional Result												
No.	Course Pos.	Cat. Pos.	Gender Pos.	Name	Surname	Gen.	Cat.	5km	Finish	Time	Diff.	Pace
M258	1	1	1	Daniel	Paulus	Male	Open	14:46.980	14:31.943	29:18.923	-	02:55 min/km
M286	2	2	2	Matias	Simon	Male	Open	15:18.270	14:58.004	30:16.274	+00:57.351	03:01 min/km
M275	3	3	3	Jeremia	Shaliaxwe	Male	Open	15:21.330	15:04.812	30:26.142	+01:07.219	03:02 min/km
M011	4	4	4	Mathew	Angula	Male	Open	15:18.531	15:18.387	30:36.918	+01:17.995	03:03 min/km
M253	5	5	5	Ndahangwanasho Kornelius	Nghilyeendele	Male	Open	15:31.647	15:10.453	30:42.100	+01:23.177	03:04 min/km
M121	6	6	6	Reinhold	Thomas	Male	Open	15:19.468	15:34.282	30:53.750	+01:34.827	03:05 min/km
M075	7	7	7	Geson	Koper	Male	Open	15:46.340	15:23.788	31:10.128	+01:51.205	03:07 min/km
M036	8	8	8	Fule Jerusalem	Hamutima	Male	Open	15:38.071	15:48.581	31:26.652	+02:07.729	03:08 min/km
M273	9	9	9	Tangeni	Sakaria	Male	Open	15:31.581	16:03.137	31:34.718	+02:15.795	03:09 min/km
M119	10	10	10	Stefanus	Kaudinge	Male	Open	15:41.729	15:59.926	31:41.655	+02:22.732	03:10 min/km
M038	11	11	11	Enock	Haufiku	Male	Open	15:42.268	16:00.426	31:42.694	+02:23.771	03:10 min/km
M149	12	12	12	M149	M149	Male	Open	15:49.681	15:56.341	31:46.022	+02:27.099	03:10 min/km
M098	13	13	13	Asser	Nalukaku	Male	Open	16:00.553	15:50.354	31:50.907	+02:31.984	03:11 min/km
M277	14	14	14	Thomas	Shigwedha	Male	Open	16:06.886	16:14.893	32:21.779	+03:02.856	03:14 min/km
M080	15	15	15	Joel	Lukas	Male	Open	16:39.129	15:58.479	32:37.608	+03:18.685	03:15 min/km
M047	16	1	16	Paulus Ndangi	Iiyambo	Male	Veteran	16:38.963	16:22.526	33:01.489	+03:42.566	03:18 min/km
M117	17	16	17	Henock	Henock	Male	Open	16:28.267	16:33.223	33:01.490	+03:42.567	03:18 min/km
M061	18	2	18	Matheus	Kadhingula	Male	Veteran	16:40.189	16:50.038	33:30.227	+04:11.304	03:21 min/km
M053	19	1	19	Matt-Reece	Izaaks	Male	Under 18	16:53.403	16:45.714	33:39.117	+04:20.194	03:21 min/km
M087	20	17	20	Thomas	Miller	Male	Open	16:51.604	16:51.674	33:43.278	+04:24.355	03:22 min/km
M060	21	18	21	Kalili	Junias	Male	Open	16:58.831	16:49.731	33:48.562	+04:29.639	03:22 min/km
M037	22	19	22	Wilhelm ST	Hangula	Male	Open	16:32.428	17:34.502	34:06.930	+04:48.007	03:24 min/km
M051	23	20	23	Klemens	Ishindwa	Male	Open	16:41.534	17:27.244	34:08.778	+04:49.855	03:24 min/km
M099	24	3	24	Malakia	Namukomba	Male	Veteran	17:08.355	17:22.037	34:30.392	+05:11.469	03:27 min/km
M295	25	21	25	Stanley Ronaldino	Titus	Male	Open	16:57.011	17:34.264	34:31.275	+05:12.352	03:27 min/km
M141	26	4	26	Simon	Shipanga	Male	Veteran	17:50.979	16:42.770	34:33.749	+05:14.826	03:27 min/km
M028	27	22	27	Recentry	Garoeb	Male	Open	16:41.282	17:52.467	34:33.749	+05:14.826	03:27 min/km
F155	28	1	1	Elizabeth	Kalola	Female	Under 18	20:10.560	14:29.588	34:40.148	+05:21.225	03:28 min/km
F019	29	1	2	Lavinia	Haitope	Female	Open	17:54.199	16:45.949	34:40.148	+05:21.225	03:28 min/km
F055	30	2	3	Shiivomwene kavelinawa	Shilongo	Female	Open	17:54.088	16:50.048	34:44.136	+05:25.213	03:28 min/km

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Overall Provisional Result												
No.	Course Pos.	Cat. Pos.	Gender Pos.	Name	Surname	Gen.	Cat.	5km	Finish	Time	Diff.	Pace
F154	31	1	4	Alina	Armas	Female	Veteran	-	35:00.302	35:00.302	+05:41.379	03:30 min/km
M062	32	23	28	Martin	Kadira	Male	Open	17:53.147	17:28.421	35:21.568	+06:02.645	03:32 min/km
M256	33	2	29	Petrus Fimaneka	Nuule	Male	Under 18	17:47.621	17:55.739	35:43.360	+06:24.437	03:34 min/km
F042	34	3	5	Salmi	Nduviteko	Female	Open	18:11.423	18:02.109	36:13.532	+06:54.609	03:37 min/km
M148	35	24	30	M148	M148	Male	Open	17:36.089	18:59.179	36:35.268	+07:16.345	03:39 min/km
F058	36	4	6	Martha	Shivolo	Female	Open	18:14.132	18:24.632	36:38.764	+07:19.841	03:39 min/km
M289	37	3	31	Quinton	Sipholine	Male	Under 18	17:59.692	18:51.186	36:50.878	+07:31.955	03:41 min/km
M033	38	25	32	Calum	Gunning	Male	Open	18:33.145	18:36.206	37:09.351	+07:50.428	03:42 min/km
F006	39	5	7	Tuuliki	Angala	Female	Open	18:22.360	19:29.775	37:52.135	+08:33.212	03:47 min/km
M307	40	26	33	Willie Mac	Van Zyl	Male	Open	18:54.942	19:00.817	37:55.759	+08:36.836	03:47 min/km
M147	41	27	34	Wilson	Hamunyela	Male	Open	18:22.479	19:39.189	38:01.668	+08:42.745	03:48 min/km
F003	42	2	8	Ottillie Kaunapawa	Aimwata	Female	Veteran	19:08.420	19:00.079	38:08.499	+08:49.576	03:48 min/km
M089	43	28	35	Simon	Modestus	Male	Open	19:24.691	18:54.897	38:19.588	+09:00.665	03:49 min/km
M026	44	5	36	Titus	Elago	Male	Veteran	19:24.859	18:58.142	38:23.001	+09:04.078	03:50 min/km
F028	45	2	9	Maria	Kanyanga	Female	Under 18	-	38:25.973	38:25.973	+09:07.050	03:50 min/km
M120	46	29	37	Penehupitho	Shikongo	Male	Open	19:36.580	19:07.480	38:44.060	+09:25.137	03:52 min/km
M116	47	30	38	Johannes Natanael	Hendjala	Male	Open	18:25.690	20:43.459	39:09.149	+09:50.226	03:54 min/km
F152	48	3	10	Monika	Kandyebo	Female	Under 18	19:36.889	19:32.358	39:09.247	+09:50.324	03:54 min/km
M057	49	31	39	Lemegius	Jeremia	Male	Open	20:12.192	19:51.372	40:03.564	+10:44.641	04:00 min/km
M265	50	32	40	JP	Reynolds	Male	Open	-	40:16.924	40:16.924	+10:58.001	04:01 min/km
F004	51	3	11	Anna	Amutoko	Female	Veteran	19:53.420	20:52.758	40:46.178	+11:27.255	04:04 min/km
M294	52	33	41	Lesley	Titus	Male	Open	20:26.819	20:41.969	41:08.788	+11:49.865	04:06 min/km
M259	53	34	42	Simon	Paulus	Male	Open	15:18.166	25:51.470	41:09.636	+11:50.713	04:06 min/km
M093	54	35	43	GERVASIUS KUDUMO FIDEL CASTRO	MUKOYA	Male	Open	20:42.869	20:50.216	41:33.085	+12:14.162	04:09 min/km
F032	55	6	12	Jivanka	Kruger	Female	Open	21:24.523	20:16.277	41:40.800	+12:21.877	04:10 min/km
M112	56	36	44	JG	Van Graan	Male	Open	21:20.880	20:20.994	41:41.874	+12:22.951	04:10 min/km
F005	57	7	13	Soini	Andreas	Female	Open	-	41:43.296	41:43.296	+12:24.373	04:10 min/km
F041	58	8	14	Maria	Nandjovo	Female	Open	21:45.216	19:59.743	41:44.959	+12:26.036	04:10 min/km
F017	59	9	15	Nyanyukweni	Frans	Female	Open	21:39.496	20:06.383	41:45.879	+12:26.956	04:10 min/km
F054	60	4	16	Ndahambeleda	Shelikita	Female	Veteran	20:17.505	21:28.571	41:46.076	+12:27.153	04:10 min/km

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F023	61	10	17	Jolyndé	Human	Female	Open	21:57.355	19:49.269	41:46.624	+12:27.701	04:10 min/km
M312	62	37	45	Marvin	Wermann	Male	Open	20:47.476	21:19.744	42:07.220	+12:48.297	04:12 min/km
F050	63	11	18	Jo	Pretorius	Female	Open	23:04.733	19:04.360	42:09.093	+12:50.170	04:12 min/km
M013	64	6	46	Richard	April	Male	Veteran	20:37.111	21:33.615	42:10.726	+12:51.803	04:13 min/km
M342	65	1	47	ROODLY	GOWASEB	Male	Impaired	17:31.682	24:44.803	42:16.485	+12:57.562	04:13 min/km
M085	66	4	48	Fynn	Middleton	Male	Under 18	20:48.306	21:29.346	42:17.652	+12:58.729	04:13 min/km
M101	67	38	49	Xerese	Beukes	Male	Open	21:24.655	20:57.299	42:21.954	+13:03.031	04:14 min/km
M023	68	7	50	Johan	Du plessis	Male	Veteran	21:22.205	21:03.742	42:25.947	+13:07.024	04:14 min/km
F051	69	12	19	Danielle	Pretorius	Female	Open	21:20.245	21:14.853	42:35.098	+13:16.175	04:15 min/km
M007	70	39	51	Festus	Amweero	Male	Open	20:37.810	21:59.637	42:37.447	+13:18.524	04:15 min/km
F059	71	5	20	Nicole	Spangenberg	Female	Veteran	21:22.594	21:16.152	42:38.746	+13:19.823	04:15 min/km
M074	72	40	52	Ntsaku	Khoza	Male	Open	21:18.649	21:32.678	42:51.327	+13:32.404	04:17 min/km
M293	73	41	53	Davidson	Tembo	Male	Open	22:17.284	20:42.076	42:59.360	+13:40.437	04:17 min/km
M027	74	42	54	Rowan	Franciscus	Male	Open	21:36.798	21:37.449	43:14.247	+13:55.324	04:19 min/km
M269	75	43	55	Jan	Rohlf	Male	Open	22:25.883	21:24.586	43:50.469	+14:31.546	04:23 min/km
M308	76	8	56	Joas	Wahengo	Male	Veteran	22:28.525	21:22.186	43:50.711	+14:31.788	04:23 min/km
M015	77	44	57	Ferdinand	Baard	Male	Open	21:07.618	22:43.095	43:50.713	+14:31.790	04:23 min/km
M012	78	45	58	Silvester	Angula	Male	Open	21:28.706	22:25.469	43:54.175	+14:35.252	04:23 min/km
M034	79	46	59	George Lineekela	Hainana	Male	Open	22:34.054	21:30.267	44:04.321	+14:45.398	04:24 min/km
M255	80	47	60	Martin	Nkanga	Male	Open	21:22.459	22:46.141	44:08.600	+14:49.677	04:24 min/km
M059	81	48	61	Gabriel	Joseph	Male	Open	22:42.733	21:28.608	44:11.341	+14:52.418	04:25 min/km
M343	82	2	62	NICO	KHARUXAB	Male	Impaired	17:41.535	26:32.739	44:14.274	+14:55.351	04:25 min/km
M276	83	9	63	ndinomukulili	Shigwedha	Male	Veteran	22:19.358	21:59.267	44:18.625	+14:59.702	04:25 min/km
M044	84	49	64	Natangwe Shipopyeni	Hiwana	Male	Open	21:41.130	22:46.196	44:27.326	+15:08.403	04:26 min/km
M301	85	50	65	David Eugene Tuyeni Prince	Uugulu	Male	Open	21:29.332	23:02.575	44:31.907	+15:12.984	04:27 min/km
M292	86	51	66	Brett	Strydom	Male	Open	22:17.900	22:22.891	44:40.791	+15:21.868	04:28 min/km
M305	87	5	67	Teagan	Van Wyk	Male	Under 18	22:19.620	22:26.604	44:46.224	+15:27.301	04:28 min/km
M002	88	6	68	Marcel	Ahrens	Male	Under 18	22:54.607	22:18.835	45:13.442	+15:54.519	04:31 min/km
M058	89	52	69	Kennedy	Johannes	Male	Open	22:37.956	22:38.310	45:16.266	+15:57.343	04:31 min/km
M267	90	53	70	Henco	Rieckert	Male	Open	22:44.227	22:42.702	45:26.929	+16:08.006	04:32 min/km

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M041	91	54	71	Immanuel	Heita	Male	Open	22:07.181	23:19.879	45:27.060	+16:08.137	04:32 min/km
M262	92	55	72	Evan	Pretorius	Male	Open	22:58.887	22:28.261	45:27.148	+16:08.225	04:32 min/km
M263	93	56	73	Luan	Reinders	Male	Open	24:01.843	21:37.753	45:39.596	+16:20.673	04:33 min/km
M313	94	10	74	BOGISLAV	WILCKENS	Male	Veteran	22:55.179	22:53.383	45:48.562	+16:29.639	04:34 min/km
M020	95	57	75	Valarius	De Vries	Male	Open	23:39.781	22:32.586	46:12.367	+16:53.444	04:37 min/km
M271	96	11	76	Francisco	Romero Loureiro	Male	Veteran	23:31.835	22:42.686	46:14.521	+16:55.598	04:37 min/km
M106	97	58	77	Lucas	Kaveto	Male	Open	23:01.678	23:32.130	46:33.808	+17:14.885	04:39 min/km
M072	98	59	78	Moses	Kasara	Male	Open	22:28.355	24:16.981	46:45.336	+17:26.413	04:40 min/km
M005	99	60	79	Leonard	Amunime	Male	Open	22:47.592	24:01.633	46:49.225	+17:30.302	04:40 min/km
M097	100	12	80	Tuli	Nakanyala	Male	Veteran	23:45.311	23:06.397	46:51.708	+17:32.785	04:41 min/km
M030	101	7	81	Gift	Gertze	Male	Under 18	23:30.709	23:31.861	47:02.570	+17:43.647	04:42 min/km
M309	102	13	82	Johann	Wasserfall	Male	Veteran	24:01.598	23:05.292	47:06.890	+17:47.967	04:42 min/km
M264	103	61	83	Shanco	Renton	Male	Open	23:11.236	23:56.478	47:07.714	+17:48.791	04:42 min/km
M081	104	62	84	Jason	Maasdorp	Male	Open	24:17	23:02.730	47:19.730	+18:00.807	04:43 min/km
M299	105	63	85	Davidson	Udjombala	Male	Open	22:34.998	24:45.545	47:20.543	+18:01.620	04:44 min/km
M032	106	64	86	Gerrit	Griessel	Male	Open	24:12.368	23:11.149	47:23.517	+18:04.594	04:44 min/km
M017	107	14	87	Rudolf	Campbell	Male	Veteran	23:14.930	24:08.686	47:23.616	+18:04.693	04:44 min/km
M278	108	65	88	Job	Shikongo	Male	Open	23:28.121	23:55.892	47:24.013	+18:05.090	04:44 min/km
F053	109	6	21	Marion	Schonecke	Female	Veteran	23:20.838	24:03.696	47:24.534	+18:05.611	04:44 min/km
M014	110	66	89	Rehabeam	Auala	Male	Open	23:15.786	24:13.553	47:29.339	+18:10.416	04:44 min/km
M073	111	67	90	Shiikwa	Kathingo	Male	Open	24:30.850	22:59.550	47:30.400	+18:11.477	04:45 min/km
M284	112	15	91	Veikko	Silas	Male	Veteran	23:23.957	24:07.250	47:31.207	+18:12.284	04:45 min/km
M100	113	16	92	Johannes Ndeyapo	Nanyemba	Male	Veteran	23:23.590	24:20.955	47:44.545	+18:25.622	04:46 min/km
M283	114	17	93	David	Shingenge	Male	Veteran	23:44.675	24:06.683	47:51.358	+18:32.435	04:47 min/km
M086	115	8	94	Kyle	Middleton	Male	Under 18	23:09.893	24:48.684	47:58.577	+18:39.654	04:47 min/km
M272	116	68	95	Greyeno	Rusberg	Male	Open	22:36.598	25:35.093	48:11.691	+18:52.768	04:49 min/km
M048	117	69	96	Filemon	Iiyambo	Male	Open	23:25.960	24:48.108	48:14.068	+18:55.145	04:49 min/km
M029	118	70	97	Manqoba	Gebashe	Male	Open	23:33.576	24:46.620	48:20.196	+19:01.273	04:50 min/km
M288	119	71	98	Bestro	Sinvula	Male	Open	23:52.671	24:27.839	48:20.510	+19:01.587	04:50 min/km
F060	120	13	22	Nastassja	Strauss	Female	Open	24:19.219	24:03.435	48:22.654	+19:03.731	04:50 min/km

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M003	121	18	99	John	Amakali	Male	Veteran	24:03.692	24:20.830	48:24.522	+19:05.599	04:50 min/km
F064	122	14	23	Sebrinah	Van Rooyen	Female	Open	24:23.401	24:04.065	48:27.466	+19:08.543	04:50 min/km
M078	123	72	100	Derick	Loteryman	Male	Open	25:00.726	23:43.193	48:43.919	+19:24.996	04:52 min/km
M076	124	73	101	Johannes	Kushokosha	Male	Open	22:54.168	26:16.664	49:10.832	+19:51.909	04:55 min/km
M001	125	19	102	Jafet Kagolo	Abraham	Male	Veteran	24:20.679	25:15.212	49:35.891	+20:16.968	04:57 min/km
M006	126	74	103	Jeremia	Amwaalwa	Male	Open	24:55.430	24:40.793	49:36.223	+20:17.300	04:57 min/km
M022	127	75	104	Alex	Delle Donne	Male	Open	24:00.556	25:43.613	49:44.169	+20:25.246	04:58 min/km
F007	128	7	24	Ndemufayo	Angula	Female	Veteran	24:04.625	25:43.233	49:47.858	+20:28.935	04:58 min/km
F020	129	15	25	TUNA	HAKANDUME	Female	Open	25:57.305	23:59.711	49:57.016	+20:38.093	04:59 min/km
M095	130	20	105	Alfred	Mureko	Male	Veteran	25:34.789	24:35.844	50:10.633	+20:51.710	05:01 min/km
M260	131	76	106	Schalk	Pienaar	Male	Open	24:54.252	25:29.812	50:24.064	+21:05.141	05:02 min/km
M266	132	77	107	Pieter M	Richard	Male	Open	24:23.424	26:01.902	50:25.326	+21:06.403	05:02 min/km
M270	133	21	108	Hagen	Romeis	Male	Veteran	25:44.274	24:42.972	50:27.246	+21:08.323	05:02 min/km
M070	134	78	109	Reya	Karuaihe	Male	Open	25:56.528	24:53.483	50:50.011	+21:31.088	05:05 min/km
F052	135	8	26	Hileni	Rijnen	Female	Veteran	25:57.536	25:05.402	51:02.938	+21:44.015	05:06 min/km
F067	136	9	27	Jamie	Vinson	Female	Veteran	25:57.014	25:06.153	51:03.167	+21:44.244	05:06 min/km
F066	137	10	28	Corne	Verwey	Female	Veteran	26:13.460	25:02.183	51:15.643	+21:56.720	05:07 min/km
M091	138	22	110	Charlton	Mouton	Male	Veteran	25:36.595	25:40.761	51:17.356	+21:58.433	05:07 min/km
M310	139	79	111	John	Weber	Male	Open	25:58.557	25:19.432	51:17.989	+21:59.066	05:07 min/km
F014	140	16	29	Marcelle	Eloff	Female	Open	25:57.782	25:31.610	51:29.392	+22:10.469	05:08 min/km
F078	141	17	30	Valentine	Tshatumbu	Female	Open	24:56.788	26:43.528	51:40.316	+22:21.393	05:10 min/km
M311	142	80	112	Leighton	Wemmert	Male	Open	24:44.429	26:56.260	51:40.689	+22:21.766	05:10 min/km
M291	143	9	113	Alistair	Strauss	Male	Under 18	26:19.681	25:24.185	51:43.866	+22:24.943	05:10 min/km
M251	144	23	114	Mattie	Ndamekele	Male	Veteran	25:04.909	26:45.465	51:50.374	+22:31.451	05:11 min/km
M281	145	81	115	Gabriel	Shilomboleni	Male	Open	25:51.545	26:09.005	52:00.550	+22:41.627	05:12 min/km
M008	146	82	116	Joe	Amwele	Male	Open	26:45.571	25:15.315	52:00.886	+22:41.963	05:12 min/km
M004	147	83	117	Nelson	Amon	Male	Open	25:36.270	26:25.121	52:01.391	+22:42.468	05:12 min/km
M084	148	84	118	Blessing	Mbukude	Male	Open	26:43.140	25:18.997	52:02.137	+22:43.214	05:12 min/km
M114	149	10	119	Shitaleni	Amunyela	Male	Under 18	26:38.883	25:27.165	52:06.048	+22:47.125	05:12 min/km
M068	150	85	120	Katuna	Kamuhanga	Male	Open	26:42.771	25:30.285	52:13.056	+22:54.133	05:13 min/km

Citi Dash 2025

Overall Provisional Result

No.	Course Pos.	Cat. Pos.	Gender Pos.	Name	Surname	Gen.	Cat.	5km	Finish	Time	Diff.	Pace
M067	151	86	121	Marvin	Kamati	Male	Open	26:41.893	25:38.600	52:20.493	+23:01.570	05:14 min/km
M314	152	24	122	Pierewiet	Wilders	Male	Veteran	26:38.680	25:51.610	52:30.290	+23:11.367	05:15 min/km
M025	153	25	123	Abrie	du Plooy	Male	Veteran	26:37.520	25:52.953	52:30.473	+23:11.550	05:15 min/km
M054	154	26	124	Heino	Jakob	Male	Veteran	26:41.464	25:56.699	52:38.163	+23:19.240	05:15 min/km
M009	155	87	125	Festus Shuuvani	Anghome	Male	Open	25:34.170	27:09.342	52:43.512	+23:24.589	05:16 min/km
F024	156	11	31	Helena	lipinge	Female	Veteran	25:26.484	27:22.815	52:49.299	+23:30.376	05:16 min/km
F016	157	12	32	Nency Delicia	Engelbrecht	Female	Veteran	26:50.037	26:16.238	53:06.275	+23:47.352	05:18 min/km
F022	158	13	33	Birgit	Hoffmann	Female	Veteran	26:50.897	26:24.280	53:15.177	+23:56.254	05:19 min/km
M108	159	88	126	Yazeet	Mwiya	Male	Open	25:34.168	28:21.821	53:55.989	+24:37.066	05:23 min/km
F008	160	14	34	Klaudia	Angula	Female	Veteran	27:09.734	26:52.191	54:01.925	+24:43.002	05:24 min/km
F046	161	18	35	Maria	Ntinda	Female	Open	26:25.797	27:41.879	54:07.676	+24:48.753	05:24 min/km
F018	162	4	36	Nicole	Groenewald	Female	Under 18	26:22.241	27:46.313	54:08.554	+24:49.631	05:24 min/km
M302	163	89	127	David Eugene Tuyeni Prince	Uugulu	Male	Open	26:35.659	27:39.968	54:15.627	+24:56.704	05:25 min/km
F048	164	19	37	Izanne	Olivier	Female	Open	27:16.210	27:18.364	54:34.574	+25:15.651	05:27 min/km
M031	165	90	128	Ingo	Goliath	Male	Open	27:02.356	27:40.664	54:43.020	+25:24.097	05:28 min/km
F033	166	20	38	Adre-Mari	Kuhn	Female	Open	26:39.593	28:14.434	54:54.027	+25:35.104	05:29 min/km
M090	167	91	129	Matthew	Mouton	Male	Open	26:46.770	28:26.471	55:13.241	+25:54.318	05:31 min/km
F037	168	21	39	Hedwig	Markus	Female	Open	27:23.740	27:50.034	55:13.774	+25:54.851	05:31 min/km
M018	169	92	130	JD	Ciocolanti	Male	Open	26:43.306	28:32.745	55:16.051	+25:57.128	05:31 min/km
F056	170	22	40	Victoria	Shinime	Female	Open	25:53.208	29:23.902	55:17.110	+25:58.187	05:31 min/km
M088	171	27	131	Milton	Misihairabgwi	Male	Veteran	26:19.880	29:08.918	55:28.798	+26:09.875	05:32 min/km
M065	172	93	132	Cameron	Kali	Male	Open	26:08.449	29:43.660	55:52.109	+26:33.186	05:35 min/km
M109	173	94	133	Onesmus	Nathanael	Male	Open	26:06.125	30:03.453	56:09.578	+26:50.655	05:36 min/km
F025	174	23	41	Victoria	Iyambo	Female	Open	27:49.515	28:20.295	56:09.810	+26:50.887	05:36 min/km
F049	175	24	42	Jonie	Peters	Female	Open	27:15.574	28:57.567	56:13.141	+26:54.218	05:37 min/km
F027	176	25	43	Zainab	Kamwanga	Female	Open	26:43.782	29:29.415	56:13.197	+26:54.274	05:37 min/km
M113	177	95	134	Geanne	Young	Male	Open	27:38.306	28:43.016	56:21.322	+27:02.399	05:38 min/km
F035	178	26	44	Corne	Lambert	Female	Open	28:39.342	28:12.397	56:51.739	+27:32.816	05:41 min/km
F045	179	5	45	Lucia T	Nghipandulwa	Female	Under 18	26:15.654	31:09.650	57:25.304	+28:06.381	05:44 min/km
M254	180	96	135	Daniel	Nghipandulwa	Male	Open	26:13.924	31:13.553	57:27.477	+28:08.554	05:44 min/km

Citi Dash 2025												
Overall Provisional Result												
No.	Course Pos.	Cat. Pos.	Gender Pos.	Name	Surname	Gen.	Cat.	5km	Finish	Time	Diff.	Pace
M079	181	28	136	Norman	Ludwig	Male	Veteran	27:41.446	29:54.651	57:36.097	+28:17.174	05:45 min/km
M280	182	97	137	Jerold	Shilamba	Male	Open	27:28.779	30:11.265	57:40.044	+28:21.121	05:46 min/km
F043	183	27	46	Pandu	Nghiishililwa	Female	Open	27:56.325	29:46.707	57:43.032	+28:24.109	05:46 min/km
F063	184	28	47	Tina	van der Merwe	Female	Open	30:21.983	29:20.742	59:42.725	+30:23.802	05:58 min/km
M049	185	98	138	Gerhard	Indongo	Male	Open	28:53.420	30:55.683	59:49.103	+30:30.180	05:58 min/km
F021	186	29	48	Charmaine	Hattingh	Female	Open	30:05.521	29:45.288	59:50.809	+30:31.886	05:59 min/km
F002	187	15	49	Danika	Ahrens	Female	Veteran	30:24.755	29:40.617	1:00:05.372	+30:46.449	06:00 min/km
F057	188	16	50	Monika	Shivolo	Female	Veteran	-	1:00:36.511	1:00:36.511	+31:17.588	06:03 min/km
F029	189	17	51	Gloria	Kapingana	Female	Veteran	30:22.831	31:38.238	1:02:01.069	+32:42.146	06:12 min/km
M315	190	29	139	Clarence	Zamuee	Male	Veteran	-	1:04:29.123	1:04:29.123	+35:10.200	06:26 min/km
M268	191	30	140	Bas	Rijnen	Male	Veteran	-	1:04:31.307	1:04:31.307	+35:12.384	06:27 min/km
F013	192	18	52	Carla	De Klerk	Female	Veteran	-	1:04:49.177	1:04:49.177	+35:30.254	06:28 min/km
M306	193	31	141	Oscar	van Wyk	Male	Veteran	-	1:05:00.635	1:05:00.635	+35:41.712	06:30 min/km
F070	194	6	53	Martina	Vugs	Female	Under 18	-	1:05:03.227	1:05:03.227	+35:44.304	06:30 min/km
F069	195	7	54	Adriana	Vugs	Female	Under 18	-	1:05:13.652	1:05:13.652	+35:54.729	06:31 min/km
M261	196	32	142	Morne	Pienaar	Male	Veteran	31:31.004	33:43.854	1:05:14.858	+35:55.935	06:31 min/km
M345	197	3	143	RICHARDO	NDERO	Male	Impaired	17:31.414	-	-	-	-
M010	198	99	144	Landu	Anghuwo	Male	Open	25:15.684	-	25:15.684	+00:00	05:03 min/km
M042	199	33	145	watze	Hepkema	Male	Veteran	26:39.893	-	26:39.893	+00:00	05:19 min/km
F044	200	30	55	Fenni	Nghiitwikwa	Female	Open	30:19.837	-	30:19.837	+01:00.914	06:03 min/km
F009	201	19	56	Bianca	Aring	Female	Veteran	31:53.538	-	31:53.538	+02:34.615	06:22 min/km
M082	202	34	146	Tau	Masaka	Male	Veteran	32:28.406	-	32:28.406	+03:09.483	06:29 min/km
F012	203	31	57	Shamila	Cloete	Female	Open	32:40.567	-	32:40.567	+03:21.644	06:32 min/km
F073	204	32	58	Vicky	Dan	Female	Open	33:14.070	-	33:14.070	+03:55.147	06:38 min/km
F010	205	33	59	Barbara	Ausiku	Female	Open	33:49.969	-	33:49.969	+04:31.046	06:45 min/km
M282	206	100	147	Tangi	Shilongo	Male	Open	35:15.436	-	35:15.436	+05:56.513	07:03 min/km
F039	207	34	60	Eva	Naftali	Female	Open	39:37.301	-	39:37.301	+10:18.378	07:55 min/km
F026	208	8	61	Precious	Johnson	Female	Under 18	41:40.552	-	41:40.552	+12:21.629	08:20 min/km